



Resources for Indigenous Research

This document contains a list of resources that may be helpful for those doing Indigenous research, or those working with Indigenous communities (including research conducted on Indigenous lands). Please note that this is a living document and will frequently be updated.

If you would like to add a resource to this list or would like to set up a meeting to discuss your own research project, please contact the Indigenous Research Support Team at irst@ucalgary.ca.

Jump to:

[Policies, Strategies, and Guiding Documents](#)

[Indigenous and Decolonizing Methodologies](#)

[Indigenous Research Ethics](#)

[Indigenous Organizations and Governing Bodies – Canada](#)




[Indigenous Organizations and Governing Bodies – Treaty 7](#)

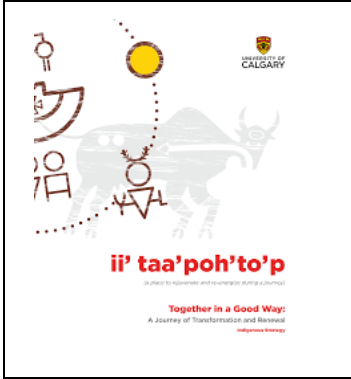
[Examples of Indigenous Research Policies at Other Institutions](#)

[Good Practices and Examples of Research Done in a Good Way](#)

[Trainings, Webinars, and Courses](#)

Policies, Strategies, and Guiding Documents:

<h2>First Nations Principles of OCAP®</h2>	
	<p>First Nations Information Governance Centre. (2020). <i>The First Nations principles of OCAP®</i>. First Nations Information Governance Centre. https://fnigc.ca/ocap-training/</p>
<h2>CARE Principles for Indigenous Data Governance</h2>	
	<p>Research Data Alliance International Indigenous Data Sovereignty Interest Group. (2019). <i>CARE principles for Indigenous data governance</i>. The Global Indigenous Data Alliance. https://static1.squarespace.com/static/5d3799de845604000199cd24/t/5da9f4479ecab221ce848fb2/1571419335217/CARE+Principles_One+Paggers+FIN+AL+Oct+17+2019.pdf</p>
<h2>Guidelines for Research Involving Inuit</h2>	
	<p>Inuit Nipingit – National Inuit Committee on Ethics and Research. (2010). <i>Research and research ethics fact sheet series: Guidelines for research involving Inuit</i> (Fact Sheet #9 – March 2010). https://achh.ca/wp-content/uploads/2018/07/Guide_Ethics_Inuit-Fact-Sheet.pdf</p>
<p>ii' taa'poh'to'p, University of Calgary Indigenous Strategy</p>	



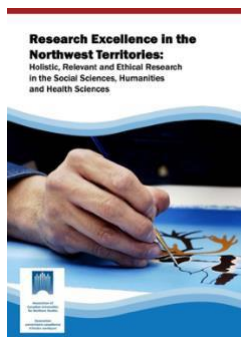
University of Calgary. (2017). *ii' taa'poh'to'p*. https://www.ucalgary.ca/live-uc-ucalgary-site/sites/default/files/teams/136/Indigenous%20Strategy_Publication_digital_Sep2019.pdf

National Inuit Strategy on Research



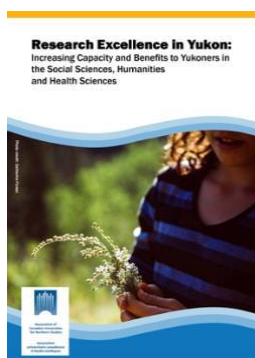
Inuit Tapiriit Kanatami. (2018). *National Inuit strategy on research*. https://www.itk.ca/wp-content/uploads/2018/04/ITK_NISR-Report_English_low_res.pdf

Research Excellence in the Northwest Territories: Holistic, Relevant and Ethical Research in the Social Sciences, Humanities and Health Sciences



Association of Canadian Universities for Northern Studies. (n.d.). *Research excellence in the Northwest Territories: Holistic, relevant and ethical research in the social sciences, humanities, and health sciences*. http://acuns.ca/wp-content/uploads/2018/07/2018-NWT_English-Web.pdf

Research Excellence in Yukon: Increasing Capacity and Benefits to Yukoners in the Social Sciences, Humanities, and Health Sciences



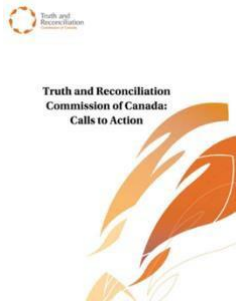
Association of Canadian Universities for Northern Studies. (n.d.). *Research excellence in Yukon: Increasing capacity and benefits to Yukoners in the social sciences, humanities, and health sciences*. <http://acuns.ca/wp-content/uploads/2013/09/YUKON-ENGLISH-WEB.pdf>

Tri-Council Policy Statement (TCPS2 2018) - Chapter 9



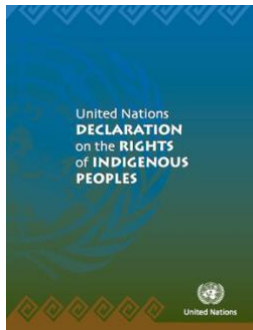
Canadian Institutes of Health Research, Natural Sciences and Engineering Research Council of Canada, & Social Sciences and Humanities Research Council. (2018). Research involving the First Nations, Inuit, and Métis Peoples of Canada. In *Tri-Council policy statement: Ethical conduct for research involving humans* (Chapter 9). https://ethics.gc.ca/eng/policy-politique_tcps2-eptc2_2018.html

Truth and Reconciliation Commission of Canada: Calls to Action



Truth and Reconciliation Commission of Canada. (2012). *Truth and Reconciliation Commission of Canada: Calls to action*. http://trc.ca/assets/pdf/Calls_to_Action_English2.pdf

United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP)



United Nations. (2008). *United Nations declaration on the rights of Indigenous Peoples*. https://www.un.org/esa/socdev/unpfii/documents/DRIPS_en.pdf

Indigenous and Decolonizing Methodologies:

<i>Indigenous Storywork: Educating the Heart, Mind, Body, and Spirit</i> by Jo-ann Archibald	
	<p>Archibald, J. (2008). <i>Indigenous storywork: Educating the heart, mind, body, and spirit</i>. Vancouver, BC: UBC Press.</p>
<i>Indigenous Research Methodologies</i> by Bagele Chilisa	
	<p>Chilisa, B. (2019). <i>Indigenous research methodologies</i> (2nd ed.). Thousand Oaks, CA: SAGE Publications.</p>
<i>Handbook of Critical and Indigenous Methodologies</i> edited by Norman Denzin, Yvonna Lincoln, & Linda Tuhiwai Smith	
	<p>Denzin, N.K., Lincoln, Y.S., & Smith, L.T. (Eds.). (2008). <i>Handbook of critical and Indigenous methodologies</i>. Los Angeles, CA: SAGE Publications.</p>
<i>Indigenous methodologies: Characteristics, conversations, and contexts</i> by Margaret Kovach	

INDIGENOUS
METHODOLOGIES

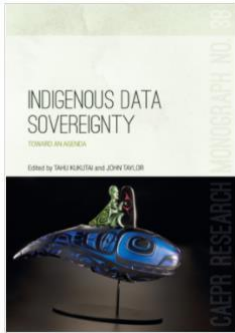


CHARACTERISTICS,
CONVERSATIONS, AND
CONTEXTS

Margaret Kovach

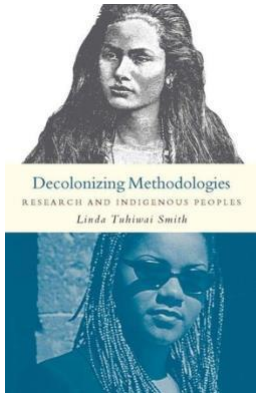
Kovach, M. (2009). *Indigenous methodologies: Characteristics, conversations, and contexts*. Toronto, ON: University of Toronto Press.

Indigenous Data Sovereignty: Toward an Agenda edited by Tahu Kukutai & John Taylor



Kukutai, T., and Taylor, J. (Eds.). (2016). *Indigenous data sovereignty: Toward an agenda* (Vol. 38). Acton, ACT: Anu Press.

Decolonizing Methodologies: Research and Indigenous Peoples by Linda Tuhiwai Smith



Smith, L.T. (2013). *Decolonizing methodologies: Research and Indigenous peoples*. London, UK: Zed Books Ltd.

“Suspending damage: A letter to communities” by Eve Tuck

*Suspending Damage:
A Letter to Communities*

EVE TUCK
State University of New York, New Paltz

In this open letter, Eve Tuck calls on communities, researchers, and educators to reconsider the long-term impact of “damage-reduced” research—research that tends to document people’s pain and behavior to hold them in power accountable for their oppression. This kind of research operates with a flawed theory of change: it is often used to leverage opportunities or resources for marginalised communities or individuals, such as job training and resources, as one-dimensional solutions of these people’s displaced, racialized, and linguistic. Tuck urges communities to initiate a reorientation on damage-reduced research to reformulate the ways research is framed and conducted and to reimagine the findings might be used by, for, and with communities.

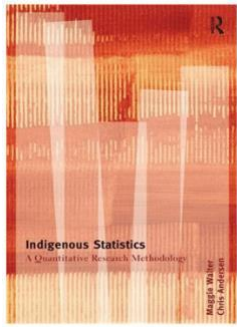
Dear Readers,

Greetings! I write to you from a little desk in my light-filled house in New York State, not very far from where I grew up in Manhattan for the past eleven years. Today, New York does not seem so far from St. Paul Island, one of the Pribilof Islands of the Aleutian chain in Alaska, where my family is from and where my relations continue to live. Something about writing this letter closes the gap between these disparate places I call home.

I write to you about home, about our communities, I write to identify a prominent trend in research on Native communities, city communities, and other disenfranchised communities—what I call damage-reduced research. I invite you to join me in re-orienting research to our communities not only to recognize the need to document the effects of oppression on our communities but also to consider the long-term repercussions of thinking of ourselves as broken.

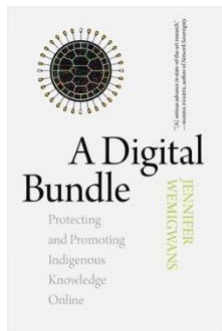
This is an open letter addressed to educational researchers and practitioners concerned with fostering and maintaining ethical relationships with disenfranchised and disempowered communities and all of those troubled by the possible hidden costs of a research strategy that frames entire communities as displaced.

Tuck, E. (2009). Suspending damage: A letter to communities. *Harvard Educational Review*, 79(3), 409-428.
http://pages.ucsd.edu/~rfrank/class_web/ES-114A/Week%204/TuckHEdR79-3.pdf



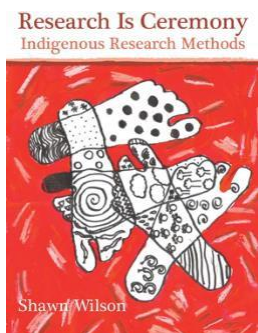
Walter, M., & Andersen, C. (2013). *Indigenous statistics: A quantitative research methodology*. Walnut Creek: Left Coast Press.

A Digital Bundle: Protecting and Promoting Indigenous Knowledge Online by Jennifer Wemigwans



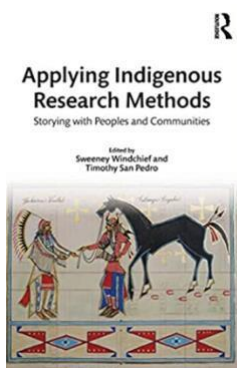
Wemigwans, J. (2013). *A digital bundle: Protecting and promoting Indigenous Knowledge online*. Regina, SK: University of Regina Press.

Research is Ceremony: Indigenous Research Methods by Shawn Wilson



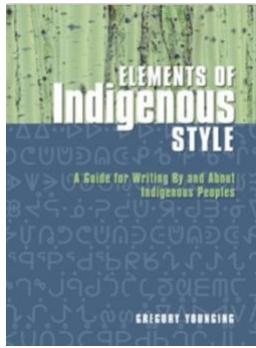
Wilson, S. (2008). *Research is ceremony: Indigenous research methods*. Halifax, NS: Fernwood Publishing.

Applying Indigenous Research Methods: Storying with Peoples and Communities edited by Sweeney Windchief & Timothy San Pedro







Windchief, S., & T. San Pedro, T. (Eds.). (2019). *Applying Indigenous research methods: Storying with peoples and communities*. New York, NY: Routledge.

Elements of Indigenous Style by Gregory Younging



Younging, G. (2018). *Elements of Indigenous style: A guide for writing by and about Indigenous Peoples*. Edmonton, AB: Brush Education Inc.

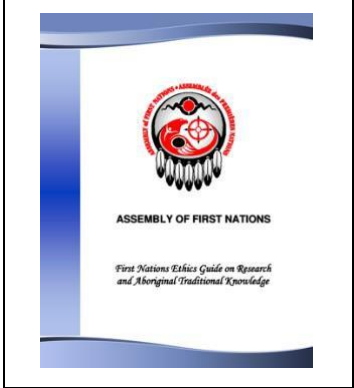
Indigenous Research Ethics:

Ethical Guidelines for Aboriginal Research: Elders and Healers Roundtable	
	<p>Martin-Hill, D., & Soucy, D. (2005). <i>Ethical guidelines for Aboriginal research: Elders and Healers roundtable</i>. http://www.ihrdp.ca/media/docs/lega4e54fe5d0c807-ethical%20guidelines%20for%20aboriginal%20research.pdf</p>
Ethical Principles for the Conduct of Research in the North	
	<p>Association of Canadian Universities for Northern Studies. (2003). <i>Ethical principles for the conduct of research in the North</i>. http://acuns.ca/wp-content/uploads/2010/09/EthicsEnglishmarch2003.pdf</p>
Ethics Hub	
 <p>Ethics Hub Hub de l'éthique</p>	<p>Burelli, T. (2021). <i>Ethics Tools</i>. Ethics Hub: A platform for sharing tools and experiences related to research involving Indigenous and local communities. https://ethicshub.ca/tools/ethics-tools/</p>
Ethics in First Nations Research	
	<p>Assembly of First Nations. (2009). <i>Ethics in First Nations research</i>. https://www.afn.ca/uploads/files/rp-research_ethics_final.pdf</p>
Ethics of Aboriginal Research	



Castellano, M.B. (2004). Ethics of Aboriginal research. *Journal of Aboriginal Research*, 1(1), 98-114. <https://doi.org/10.3138/ijih.v1i1.28935>

First Nations Ethics Guide on Research and Aboriginal Traditional Knowledge



Assembly of First Nations. (2009). *First Nations ethics guide on research and Aboriginal Traditional Knowledge*. https://www.afn.ca/uploads/files/fn_ethics_guide_on_research_and_atk.pdf

Inuit Perspectives on Research Ethics



Nickels, S., & Knotsch, C. (2011). Inuit perspectives on research ethics: The work of Inuit Nipingit. *Études/Inuit/Studies*, 35(1-2), 57-81. <https://doi.org/10.7202/1012835ar>

Principles of Ethical Métis Research






Métis Centre @ NAHO. (2011). *Principles of ethical Métis research*. https://ruor.uottawa.ca/bitstream/10393/30555/1/2011_04_ethics.pdf

Tri-Council Policy Statement (TCPS2 2018) - Chapter 9



Canadian Institutes of Health Research, Natural Sciences and Engineering Research Council of Canada, & Social Sciences and Humanities Research Council. (2018). Research involving the First Nations, Inuit, and Métis Peoples of Canada. In *Tri-Council policy statement: Ethical conduct for research involving humans* (Chapter 9). https://ethics.gc.ca/eng/policy-politique_tcps2-eptc2_2018.html

Indigenous Organizations and Governing Bodies - Canada:

Assembly of First Nations (AFN)	
	<p>Assembly of First Nations. https://www.afn.ca/Home/</p>
Congress of Aboriginal Peoples (CAP)	
	<p>Congress of Aboriginal Peoples. http://www.abo-peoples.org/en/</p>
First Nations Information Governance Centre (FNIGC)	
	<p>First Nations Information Governance Centre. https://fnigc.ca/</p>
Inuit Tapiriit Kanatami: The National Representational Organization Protecting and Advancing the Rights and Interests of Inuit in Canada (ITK)	
	<p>Inuit Tapiriit Kanatami: The National Representational Organization Protecting and Advancing the Rights and Interests of Inuit in Canada. https://www.itk.ca/</p>
Métis National Council (MNC)	



MÉTIS NATIONAL COUNCIL
RALLIEMENT NATIONAL DES MÉTIS

Métis National Council. <https://www2.metisnation.ca/>

National Association of Friendship Centres



National Association
of Friendship Centres
Association nationale
des centres d'amitié

National Association of Friendship Centres. <https://nafc.ca/en>





Native Women's Association of Canada (NWAC)



Native Women's
Association of Canada
L'Association des
femmes autochtones
du Canada

Native Women's Association of Canada. <https://www.nwac.ca/>

Indigenous Organizations and Governing Bodies – Treaty 7:

Alberta First Nations Information Governance Centre (AFNIGC)	
	<p>Alberta First Nations Information Governance Centre. http://www.afnigc.ca/main/index.php?id=home&content=home</p>
Alberta Native Friendship Centres Association	
	<p>Alberta Native Friendship Centres Association https://anfca.com/</p>
Assembly of First Nations Alberta Association	
	<p>Assembly of First Nations Alberta Association. http://www.afnab.ca/</p>
Bears paw First Nation	
	<p>Bears paw First Nation. https://www.stoneynation.com/ Address: PO Box 40, Morley AB, T0L 1N0 Phone: 403-881-3770 Fax: 403-881-2676</p>
Blood Tribe (Kainai Nation)	



Blood Tribe. <https://bloodtribe.org/>

Address: PO Box 60, Standoff AB, T0L 1Y0

Phone: 403-737-3753 Fax: 403-737-2336

Chiniki First Nation	
	<p>Chiniki First Nation. https://www.stoneynation.com/</p> <p>Address: PO Box 40, Morley AB, T0L 1N0 Phone: 403-881-3770 Fax: 403-881-2676</p>
Métis Nation of Alberta – Region 3	
	<p>Métis Nation of Alberta. http://albertametis.com/</p>
Piikani Nation	
	<p>Piikani Nation. https://piikanation.wixsite.com/piikanation</p> <p>Address: PO Box 70, Brocket AB, T0K 0H0 Phone: 403-965-3940 Fax: 403-965-2214</p>
Siksika Nation	
	<p>Siksika Nation. http://siksikanation.com/wp/</p> <p>Address: PO Box 1100, Siksika AB T0J 3W0 Phone: 403-264-7250 Fax: 403-734-5262</p>
Treaty 7 First Nations Chiefs' Association	



Treaty 7 First Nations Chiefs' Association. <https://www.treaty7.org/>

Tsuut'ina Nation



Tsuut'ina Nation Official Website. <https://tsuutination.com/>

Address: 200, 9911 Chiila Boulevard, Tsuu T'ina AB, T2W 6H6

Phone: 403-281-4455 Fax: 403-251-6061

Wesley First Nation



Wesley First Nation. <https://www.stoneynation.com/>





Address: PO Box 40, Morley AB, T0L 1N0

Phone: 403-881-3770 Fax: 403-881-2676

Examples of Indigenous Research Policies and Practices at Other Institutions:

Memorial University Research Impacting Indigenous Groups Policy and Procedures	
	<p>Memorial University. (2020). <i>Research impacting Indigenous groups policy</i>. https://www.mun.ca/research/Indigenous/RIIG_Policy-2020.pdf</p> <p>Memorial University. (2020). <i>Procedures of the research impacting Indigenous groups policy</i>. https://www.mun.ca/research/Indigenous/RIIG_Procedures-2020.pdf</p>
Nipissing University's Process for Community Engagement Plan Review and Approval for Research Involving Indigenous Peoples and Communities	
	<p>Nipissing University. (n.d.). <i>Research involving Indigenous Peoples and communities</i>. Nipissing University Office of Indigenous Initiatives. https://www.nipissingu.ca/departments/indigenous-initiatives/research</p> <p>Nipissing University. (n.d.). <i>Research involving Indigenous Peoples and communities in Canada: Community engagement plan</i>. https://www.nipissingu.ca/sites/default/files/2020-10/Community%20Engagement%20Plan%20Form%202020.pdf</p>
University nuhelot'jne thaiyots'j nistameyimâkanak Blue Quills Research Ethics Policy	
	<p>University nuhelot'jne thaiyots'j nistameyimâkanak Blue Quills. (2009). <i>Research ethics policy</i>. https://www.bluequills.ca/wp-content/uploads/2012/03/UnBQ-Ethics-Policy.pdf</p> <p>University nuhelot'jne thaiyots'j nistameyimâkanak Blue Quills. (2017). <i>Blue Quills research ethics policy</i>. https://www.bluequills.ca/wp-content/uploads/2012/03/Ethics_Poster-2017-1.pdf</p>

Good Practices and Examples of Research Done in a Good Way:

<p>Relationship Building with First Nations and Public Health: Exploring Principles and Practices for Engagement to Improve Community Health by Berthiaume et. al (2017)</p>	
	<p>Berthiaume, A., Chevrier-Lamoureux, R., Côte-Meek, S., Ferguson, R., Goudreau, G., St Onge, R., Sutherland, M., & Zurich, T. (2017). <i>Relationship building with First Nations and public health: Exploring principles and practices for engagement to improve community health – Review of the literature</i>. https://www.phsd.ca/wp-content/uploads/2017/12/FirstNationsTeam_LiteratureReview_FINAL.pdf</p>
<p>“Ethical Research Engagement with Indigenous Communities” by Billan et. al (2020)</p>	
	<p>Billan, J., Starblanket, D., Anderson, S., Legare, M., Hagel, M.C., Oakes, N., Jardine, M., Boehme, G., Dubois, E., Spencer, O., Hotomani, M., McKenna, B., & Bourassa, C. (2020). Ethical research engagement with Indigenous communities. <i>Journal of Rehabilitation and Assistive Technologies Engineering, 7</i>, 1-8. doi: 10.1177/2055668320922706</p>
<p>“Strategies for Meaningful Engagement between Community-Based Health Researchers and First Nations Participants” by Cidro et. al (2017)</p>	
	<p>Cidro, J., Maar, M., Peressini, S., Schroth, R.J., Broughton, J., Jamieson, L., & Lawrence, H.P. (2017). Strategies for meaningful engagement between community-based health researchers and First Nations participants. <i>Frontiers in Public Health, 30</i>(5), 138. doi: 10.3389/fpubh.2017.00138</p>
<p>“3 Rs of an effective Indigenous pre-engagement strategy” by Indigenous Corporate Training Inc. (2018)</p>	
	<p>Indigenous Corporate Training Inc. (2018, January 30). <i>3 Rs of an effective Indigenous pre-engagement strategy</i>. https://www.ictinc.ca/blog/3-rs-of-an-effective-indigenous-pre-engagement-strategy</p>

“Developing a Participatory Aboriginal Health Research Project: ‘Only if it’s going to mean something’” by Jacklin & Kinoshameg (2008)

Developing a Participatory Aboriginal Health Research Project: “Only if It’s Going to Mean Something”
 Jacklin, Kinoshameg
 First Published June 1, 2008 · Other · First in Published
<https://doi.org/10.1525/jer.2008.3.2.53>
 Article information

Abstract
 Community-based research methods were used in a study of health needs with the Wabigoonung Unsettled Indian Reserve, Ontario, Canada based on critical theory, Indigenous teachings and participatory action research (PAR). The process of developing the project led to the articulation of eight key principles deemed necessary for the development of a project that is both culturally and community appropriate: Partnership, empowerment, community control, mutual benefit, wholeness, action, communication and respect. Adherence to these eight principles appears necessary for an ethical and an effective research process in Aboriginal communities.

Jacklin, K., & Kinoshameg, P. (2008). Developing a participatory Aboriginal health research project: “Only if it’s going to mean something.” *Journal of Empirical Research on Human Research Ethics*, 3(2), 53-67.
 doi:10.1525/jer.2008.3.2.53

“Meaningful Engagement of Indigenous Youth in PAR: The Role of Community Partnerships” by Liebenberg et. al (2017)

Meaningful Engagement of Indigenous Youth in PAR: The Role of Community Partnerships
 Linda Liebenberg, Arnold Sylliboy, Doreen Davis-Ward, and Amber Vossent

Abstract
 This article presents the process used in a Participatory Research Project with Canadian Indigenous youth aimed at understanding their views and cultural engagement. Specifically, we reflect on the research process, together with the role of community partnerships in building their participation in the project. The article we use to describe youth research methods, focused on building or preserving relationships between mental health service providers and the community, which supported the engagement of youth. Through this case study, we explore the role of community partnerships in building their participation in the project. The article we use to describe youth research methods, focused on building or preserving relationships between mental health service providers and the community, which supported the engagement of youth. Through this case study, we explore the role of community partnerships in building their participation in the project. The article we use to describe youth research methods, focused on building or preserving relationships between mental health service providers and the community, which supported the engagement of youth. Through this case study, we explore the role of community partnerships in building their participation in the project.

Keywords:
 youth engagement, participatory action research, knowledge mobilization, community service provider, research partnership

Liebenberg, L., Sylliboy, A., Davis-Ward, D., & Vincent, A. (2017). Meaningful engagement of Indigenous youth in PAR: The role of community partnerships. *International Journal of Qualitative Methods*, 16, 1-11.
 doi:10.1177/1609406917704095

“Community Engagement Approaches for Indigenous Health Research: Recommendations Based on an Integrative Review” by Lin et. al (2020)

Community Engagement Approaches for Indigenous Health Research: an Integrative Review
 Chu Yang Lin
 University of Alberta Faculty of Medicine & Dentistry
 Adalberto Loyola-Sanchez
 University of Alberta Faculty of Medicine & Dentistry
 Elaine Boyling
 University of Calgary Cumming School of Medicine
 Cheryl Barnabe
 University of Calgary Cumming School of Medicine <https://orcid.org/0000-0003-3761-227X>

Research article
 Keywords: Community engagement methods, Indigenous health, Indigenous populations
 DOI: <https://doi.org/10.1136/bmjopen-2020-039736>
 License: © This work is licensed under a Creative Commons Attribution 4.0 International License. Read Full License

Lin, C.Y., Loyola Sanchez, A., Boyling, E., & Barnabe, C. Community engagement approaches for Indigenous health research: Recommendations based on an integrative review. *BMJ Open*, 2020(10), e039736.
 doi:10.1136/bmjopen-2020-039736

“Thinking Outside the Box: Aboriginal People’s Suggestions for Conducting Health Studies with Aboriginal Communities” by Maar et. al (2011)

Thinking outside the box: Aboriginal people's suggestions for conducting health studies with Aboriginal communities
 M.A. Maar, N.E. Lightfoot, M.E. Sutherland, R.P. Strasser, K.J. Wilson, C.M. Lindstone-Jones, D.G. Graham, B.R. Lesage, M.T. Raymond, M. Williamson

Abstract
 This article presents the process used in a Participatory Research Project with Canadian Indigenous youth aimed at understanding their views and cultural engagement. Specifically, we reflect on the research process, together with the role of community partnerships in building their participation in the project. The article we use to describe youth research methods, focused on building or preserving relationships between mental health service providers and the community, which supported the engagement of youth. Through this case study, we explore the role of community partnerships in building their participation in the project.

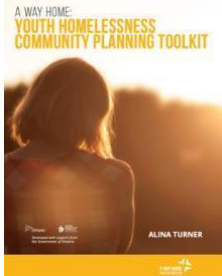
Keywords:
 youth engagement, participatory action research, knowledge mobilization, community service provider, research partnership

Maar, M.A., Lightfoot, N.E., Sutherland, M.E., Strasser, R.P., Wilson, K.J., Lindstone-Jones, C.M., Graham, D.G., Beaudin, R., Daybutch, G.A., Dokis, B.R., Lesage, M.T., Raymond, M., & Williamson, P. (2011). Thinking outside the box: Aboriginal people’s suggestions for conducting health studies with Aboriginal communities. *Public Health*, 125(11), 747-753.
<https://doi.org/10.1016/j.puhe.2011.08.006>


“A community-driven and evidence-based approach to developing mental wellness strategies in First Nations: A program protocol” by Ninomiya et. al (2020)

<p>PROTOCOL Open Access</p> <p>A community-driven and evidence-based approach to developing mental wellness strategies in First Nations: a program protocol</p> <p>Melody Morton-Novotna¹, G. Nigigwaase (Pishig George)¹, Julie George¹, Renee Latham¹, Julie Ruff¹, Sara Hall¹, Nathan Calvert¹, Jason Bennett¹, Cassa Powell¹, Wiley Sempitewa¹, Paul Kurbat¹, Gerald McKinley¹, Peter Connolly¹ and Saravita West¹*</p> <p>Abstract</p> <p>Background: Mental health substance use/addiction and violence (MHAUAV) are important issues affecting the well-being of Indigenous Peoples in Canada. This paper outlines the protocol for a research-to-action program called the Mental Wellness Program (MWP). The MWP aims to increase community capacity, promote mental health literacy, empower communities, and create plans to address MHAUAV through engagement and shared ownership and respect for Indigenous rights to self-determination and control. The MWP involves collecting and using local data to identify and respond to community-specific mental wellness strategies in First Nations in Ontario.</p> <p>Methods: The MWP has five key phases. Phase 1 (data collection) involves a community-wide survey to understand MHAUAV issues, and community strengths to build relationships with individuals and local organizations. Phase 2 (data analysis) involves a community-wide survey to understand MHAUAV issues, and local organizations with survey guidelines to improve understanding of system weaknesses and strengths in addressing MHAUAV. Phase 3 (research) involves an analysis of data from these local data sources and knowledge sharing events to identify a priority area for strategic development based on local strengths and needs. Phase 4 (implementation) involves research-to-action research, community research, including people with lived experience, working with the community and local service providers to identify, implement and evaluate the MWP to address the national priority area. Phase 5 (evaluation) involves identifying research-to-action research, including community research, and identifying research-to-action research, including community research, and identifying research-to-action research, including community research.</p> <p>Keywords: First Nations, Indigenous, Mental health, Substance use, Violence, Mental wellness, Community wellness, Community-based research, Participatory action research, Resilience</p>	<p>Ninomiya, M.N., George, N., George, J., Linklater, R., Bull, J., Plain, S., Graham, K., Bernards, S., Peach, L., Stergiopoulos, V., Kurdyak, P., McKinley, G., Donnelly, P., & Wells, S. (2020). A community-driven and evidence-based approach to developing mental wellness strategies in First Nations: A program protocol. <i>Research Involvement and Engagement</i>, 6(5), https://doi.org/10.1186/s40900-020-0176-9</p>
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“Considerations for Engagement with Indigenous People” by Turner (n.d.)

	<p>Turner, A. (n.d.). “Considerations for Engagement with Indigenous People.” In <i>A Way Home: Youth Homelessness Community Planning Toolkit</i>. Homeless Hub. https://www.homelesshub.ca/toolkit/considerations-engagement-indigenous-people</p>
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Principles of Engagement for Indigenous Community-Based Research

	<p>University of British Columbia Indigenous Research Support Initiative. (2018, October 26). <i>Principles of engagement for Indigenous community-based research</i>. https://irsi.ubc.ca/sites/default/files/inline-files/Principles%20of%20Engagement%20-%20Web-Ready%202.4_0.pdf</p>
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“Navigating the process of developing a research project in Aboriginal health” by Wand & Eades (2008)

<p>Review > Med J Aust. 2008 May 18;188(10):584-7. doi: 10.5694/1326-5377.2008.tb01796.x.</p> <p>Navigating the process of developing a research project in Aboriginal health</p> <p>Anna P Wand¹, Sandra J Eades¹</p> <p>Affiliations * Inaugural PMID: 18484932 DOI: 10.5694/1326-5377.2008.tb01796.x</p> <p>Abstract</p> <p>Research in Aboriginal health may be hampered by a lack of experience with the process of collaboration with Aboriginal communities, and additional ethics approval requirements. Assessment of resources and advice from Aboriginal mentors with in-depth knowledge of clinical and research issues can greatly assist researchers. A collaborative approach between researchers and Aboriginal communities is crucial to developing a research project consistent with Indigenous cultural values and health concepts, with the potential to improve services and outcomes for Aboriginal peoples. Planning and broad consultation can ensure that research is feasible, ethical, culturally sensitive and beneficial. This article outlines lessons learned from personal experience of developing a project in Aboriginal health, which we hope may serve as a practical guide for others.</p>	<p>Wand, A.P.F., & Eades, S.J. (2008). Navigating the process of developing a research project in Aboriginal health. <i>Medical Journal of Australia</i>, 188(10), 584-587. doi:10.5694/j.1326-5377.2008.tb01796.x.</p>
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Trainings, Webinars, and Courses:

San'yas Indigenous Cultural Safety Training	
	<p>Provincial Health Services Authority of British Columbia. (n.d.). <i>San'yas Indigenous cultural safety training</i> [Online course]. https://www.sanyas.ca/training</p>
TCPS2 Chapter 9 Webinar	
<p>Research Involving First Nations, Inuit and Métis Peoples of Canada (May 10, 2012)</p> <p>Webinar</p> 	<p>Kelly, J. M. H., & Balkwill, L. L. (2012, May 10). <i>Research involving First Nations, Inuit and Métis Peoples of Canada</i> [Webinar]. Panel on Research Ethics. https://ethics.gc.ca/eng/education_fnat-pnat.html</p>
The Fundamentals of OCAP® Course	
	<p>First Nations Information Governance Centre. (n.d.). <i>The fundamentals of OCAP®</i> [Online course]. https://fnigc.ca/ocap-training/take-the-course/</p>
UAlberta Indigenous Canada Massive Open Online Course (MOOC)	
	<p>University of Alberta Faculty of Native Studies. (n.d.) <i>Indigenous Canada</i> [MOOC]. https://www.ualberta.ca/admissions-programs/online-courses/indigenous-canada/index.html</p>
Queen's University Indigenous Community Research Partnerships Massive Open Online Course (MOOC)	
	<p>Queen's University. (n.d.) <i>Indigenous Community Research Partnerships</i> [MOOC]. https://www.queensu.ca/indigenous/decolonizing-and-indigenizing/community-research-partnerships-training</p>

UCalgary Indigenous Relations Training Program



Writing Symbols Lodge, University of Calgary. (n.d.) *Indigenous relations training program* [Online course]. <https://www.ucalgary.ca/student-services/writing-symbols/community/indigenous-relations>