

Prevention



- Wear light coloured long-sleeved shirts and pants.
- Tuck your shirt into your pants, and your pants into your socks.
- Wear closed-toe shoes.
- Use bug spray with DEET or Icaridin (always follow label directions).
- Walk on cleared paths or walkways.

Check



- Shower or bathe promptly after being outdoors.
- Do a tick check on yourself, your kids, pets, and gear.
- Dry your clothes on high heat for at least 10 minutes.



Tick-borne Diseases

Because they can carry infectious organisms, ticks infect thousands of animals and people with illnesses like:

Lyme disease

Transmission can occur as quickly as three to six hours after a bite occurs, so the sooner you remove the tick, the less chance there is that your dog will get sick.

More information:

www.cdc.gov/ticks/
www.canada.ca/en/public-health/services/diseases/ticks-tick-borne-diseases/



This event's information is for general purposes only and not a substitute for professional advice. Always consult your healthcare provider or veterinarian. The organizers and speakers are not responsible for actions taken based on this information. In an emergency, seek immediate help.

Ticks and Your Dog



One Health
at UCalgary



How to remove a tick?

Here's what to do.

If you find a tick attached to your dog's skin, simply remove the tick as soon as possible. A plain set of fine-tipped tweezers works very well.



Steps to follow

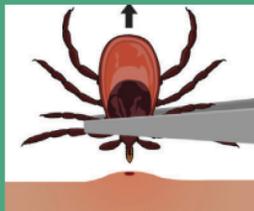
1

Spread your dog's fur, with clean tweezers, grip the tick as close to the skin's surface as possible.



Pull upward with steady, even pressure. Don't twist the tick; this can cause the mouth-parts to break off. If this happens, remove the mouth-parts with tweezers. If you cannot remove the mouth easily, leave it alone and let the skin heal.

2



3

After removing the tick, thoroughly clean the bite area and your hands with rubbing alcohol or soap and water.

Important

- Never crush a tick with your fingers. Dispose of the tick by flushing it down the toilet.
- If you need to keep it for identification, place it in rubbing alcohol or a sealed bag/container.



If your dog develops a rash or fever within several weeks of removing a tick, see your vet: Tell the vet about the recent tick bite, specify when the bite occurred, and where your most likely acquired the tick.